

Programmanr. 17  
23-01-2016 - 9:00

Heren, 800m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Coen de Bruijn <i>Kampioenschaps Record</i>	Hieronymus	9:11.24	199205151	<b>8:52.36</b>	+0,71
	50m: 28.96 28.96	250m: 2:41.49 33.65	450m: 4:57.25 33.86	650m: 7:13.20 34.31		
	100m: 1:01.26 32.30	300m: 3:15.32 33.83	500m: 5:31.24 33.99	700m: 7:47.00 33.80		
	150m: 1:34.22 32.96	350m: 3:49.20 33.88	550m: 6:05.15 33.91	750m: 8:20.79 33.79		
	200m: 2:07.84 33.62	400m: 4:23.39 34.19	600m: 6:38.89 33.74	800m: 8:52.36 31.57		
2.	Emiel van Beusekom	Van Vliet-Barracuda	8:59.48	199403951	<b>9:04.82</b>	+0,89
	50m: 30.06 30.06	250m: 2:46.97 34.78	450m: 5:05.73 34.76	650m: 7:24.63 34.56		
	100m: 1:03.41 33.35	300m: 3:21.65 34.68	500m: 5:40.50 34.77	700m: 7:58.97 34.34		
	150m: 1:37.73 34.32	350m: 3:56.57 34.92	550m: 6:15.24 34.74	750m: 8:32.51 33.54		
	200m: 2:12.19 34.46	400m: 4:30.97 34.40	600m: 6:50.07 34.83	800m: 9:04.82 32.31		
3.	Erik Pape	Octopus	8:55.48	199601669	<b>9:05.56</b>	+0,79
	50m: 29.78 29.78	250m: 2:44.55 34.29	450m: 5:03.63 34.92	650m: 7:26.15 35.23		
	100m: 1:02.56 32.78	300m: 3:18.97 34.42	500m: 5:38.95 35.32	700m: 8:00.30 34.15		
	150m: 1:36.21 33.65	350m: 3:53.72 34.75	550m: 6:14.82 35.87	750m: 8:34.59 34.29		
	200m: 2:10.26 34.05	400m: 4:28.71 34.99	600m: 6:50.92 36.10	800m: 9:05.56 30.97		
4.	Jeffrey Camphens	DWT	9:05.95	199503113	<b>9:05.77</b>	+0,71
	50m: 30.55 30.55	250m: 2:47.95 34.62	450m: 5:06.89 34.79	650m: 7:25.12 34.53		
	100m: 1:04.35 33.80	300m: 3:22.67 34.72	500m: 5:41.31 34.42	700m: 7:59.80 34.68		
	150m: 1:38.63 34.28	350m: 3:57.64 34.97	550m: 6:15.77 34.46	750m: 8:33.99 34.19		
	200m: 2:13.33 34.70	400m: 4:32.10 34.46	600m: 6:50.59 34.82	800m: 9:05.77 31.78		
5.	Nick Sijmons	De Amstel	9:54.29	199500491	<b>9:44.46</b>	+0,71
	50m: 31.35 31.35	250m: 2:57.20 36.81	450m: 5:25.71 37.15	650m: 7:54.47 37.01		
	100m: 1:07.11 35.76	300m: 3:34.31 37.11	500m: 6:02.97 37.26	700m: 8:31.31 36.84		
	150m: 1:43.60 36.49	350m: 4:11.49 37.18	550m: 6:40.30 37.33	750m: 9:08.20 36.89		
	200m: 2:20.39 36.79	400m: 4:48.56 37.07	600m: 7:17.46 37.16	800m: 9:44.46 36.26		
6.	Bram van Ginneken	Hieronymus	10:35.69	199501385	<b>10:13.05</b>	+0,84
	50m: 32.59 32.59	250m: 3:04.71 38.66	450m: 5:40.78 38.83	650m: 8:17.81 39.71		
	100m: 1:09.54 36.95	300m: 3:43.66 38.95	500m: 6:19.94 39.16	700m: 8:57.51 39.70		
	150m: 1:47.80 38.26	350m: 4:22.77 39.11	550m: 6:58.02 38.08	750m: 9:36.42 38.91		
	200m: 2:26.05 38.25	400m: 5:01.95 39.18	600m: 7:38.10 40.08	800m: 10:13.05 36.63		
7.	Christiaan Iuga	Poseidon'56	10:26.98	199405939	<b>10:25.90</b>	+0,79
	50m: 31.84 31.84	250m: 3:04.94 40.27	450m: 5:48.28 40.81	650m: 8:30.94 40.55		
	100m: 1:08.06 36.22	300m: 3:45.33 40.39	500m: 6:29.38 41.10	700m: 9:10.65 39.71		
	150m: 1:45.62 37.56	350m: 4:26.28 40.95	550m: 7:09.82 40.44	750m: 9:49.54 38.89		
	200m: 2:24.67 39.05	400m: 5:07.47 41.19	600m: 7:50.39 40.57	800m: 10:25.90 36.36		
8.	Arjen Zijlstra	Hydrofiel	11:24.82	199203309	<b>11:10.97</b>	+0,79
	50m: 31.34 31.34	250m: 3:13.62 42.75	450m: 6:09.35 44.12	650m: 9:05.51 44.05		
	100m: 1:09.12 37.78	300m: 3:56.77 43.15	500m: 6:53.58 44.23	700m: 9:49.09 43.58		
	150m: 1:49.53 40.41	350m: 4:41.25 44.48	550m: 7:37.38 43.80	750m: 10:30.85 41.76		
	200m: 2:30.87 41.34	400m: 5:25.23 43.98	600m: 8:21.46 44.08	800m: 11:10.97 40.12		
<b>Masters 25+</b>						
1.	Tim Bunnik	Triton	9:23.23	199000505	<b>9:19.13</b>	+0,79
	50m: 29.52 29.52	250m: 2:49.20 35.68	450m: 5:11.89 35.19	650m: 7:35.04 35.60		
	100m: 1:03.35 33.83	300m: 3:24.53 35.33	500m: 5:47.98 36.09	700m: 8:10.58 35.54		
	150m: 1:38.25 34.90	350m: 4:00.62 36.09	550m: 6:24.03 36.05	750m: 8:45.40 34.82		
	200m: 2:13.52 35.27	400m: 4:36.70 36.08	600m: 6:59.44 35.41	800m: 9:19.13 33.73		
2.	Maik Steenkamp	Montferland	9:38.07	199103847	<b>9:24.54</b>	+0,78
	50m: 30.84 30.84	250m: 2:51.16 35.58	450m: 5:14.38 35.61	650m: 7:39.05 35.99		
	100m: 1:05.17 34.33	300m: 3:26.81 35.65	500m: 5:50.32 35.94	700m: 8:15.36 36.31		
	150m: 1:40.25 35.08	350m: 4:02.64 35.83	550m: 6:26.54 36.22	750m: 8:50.71 35.35		
	200m: 2:15.58 35.33	400m: 4:38.77 36.13	600m: 7:03.06 36.52	800m: 9:24.54 33.83		
3.	Wessel Everloo	De Veene	9:10.36	198906597	<b>9:30.06</b>	+0,84
	50m: 31.29 31.29	250m: 2:53.92 36.61	450m: 5:18.05 35.69	650m: 7:44.51 36.52		
	100m: 1:06.05 34.76	300m: 3:30.00 36.08	500m: 5:54.92 36.87	700m: 8:20.52 36.01		
	150m: 1:41.96 35.91	350m: 4:05.81 35.81	550m: 6:31.90 36.98	750m: 8:56.22 35.70		
	200m: 2:17.31 35.35	400m: 4:42.36 36.55	600m: 7:07.99 36.09	800m: 9:30.06 33.84		
4.	Niels Albrechts	MGO (SG)	9:37.85	198800039	<b>9:32.13</b>	+0,82
	50m: 31.17 31.17	250m: 2:52.74 35.95	450m: 5:17.81 36.90	650m: 7:44.55 37.17		
	100m: 1:05.63 34.46	300m: 3:28.73 35.99	500m: 5:54.35 36.54	700m: 8:21.63 37.08		
	150m: 1:41.20 35.57	350m: 4:04.90 36.17	550m: 6:30.95 36.60	750m: 8:58.63 37.00		
	200m: 2:16.79 35.59	400m: 4:40.91 36.01	600m: 7:07.38 36.43	800m: 9:32.13 33.50		

Programmanr. 17, Heren, 800m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
AFGEM	Alex Schelvis	LZ 1886	8:43.95	198702927		

Masters 30+

1.	Erik Schröder	TriVia	8:41.70	198402025	8:50.09	+0,90		
	50m: 29.40	29.40	250m: 2:42.71	33.62	450m: 4:57.69	33.56	650m: 7:12.30	33.43
	100m: 1:02.05	32.65	300m: 3:16.39	33.68	500m: 5:31.35	33.66	700m: 7:45.63	33.33
	150m: 1:35.53	33.48	350m: 3:50.35	33.96	550m: 6:05.04	33.69	750m: 8:18.53	32.90
	200m: 2:09.09	33.56	400m: 4:24.13	33.78	600m: 6:38.87	33.83	800m: 8:50.09	31.56
2.	Frank van der Voordt	MGO (SG)	10:29.33	198302259	10:00.10	+0,75		
	50m: 32.45	32.45	250m: 2:59.83	37.53	450m: 5:31.31	37.82	650m: 8:04.24	38.55
	100m: 1:08.20	35.75	300m: 3:37.52	37.69	500m: 6:09.10	37.79	700m: 8:43.16	38.92
	150m: 1:44.95	36.75	350m: 4:15.26	37.74	550m: 6:47.25	38.15	750m: 9:22.08	38.92
	200m: 2:22.30	37.35	400m: 4:53.49	38.23	600m: 7:25.69	38.44	800m: 10:00.10	38.02
3.	Rob van Wanrooy	Gay Swim Amsterdam	12:05.35	198202627	11:13.38	+0,78		
	50m: 33.01	33.01	250m: 3:11.70	42.10	450m: 6:05.32	43.54	650m: 9:02.73	44.75
	100m: 1:10.22	37.21	300m: 3:54.86	43.16	500m: 6:49.54	44.22	700m: 9:47.36	44.63
	150m: 1:48.94	38.72	350m: 4:38.31	43.45	550m: 7:33.99	44.45	750m: 10:31.90	44.54
	200m: 2:29.60	40.66	400m: 5:21.78	43.47	600m: 8:17.98	43.99	800m: 11:13.38	41.48
4.	Dyon de Greef	Budel	11:35.97	198202385	11:29.97	+0,72		
	50m: 34.99	34.99	250m: 3:28.08	44.86	450m: 6:26.65	44.21	650m: 9:25.37	44.07
	100m: 1:16.19	41.20	300m: 4:12.11	44.03	500m: 7:12.04	45.39	700m: 10:08.94	43.57
	150m: 1:59.50	43.31	350m: 4:56.98	44.87	550m: 7:57.02	44.98	750m: 10:51.78	42.84
	200m: 2:43.22	43.72	400m: 5:42.44	45.46	600m: 8:41.30	44.28	800m: 11:29.97	38.19

Masters 35+

1.	Ivo Roozeboom	WVZ	9:20.54	197700801	9:27.91	+0,80		
	50m: 31.45	31.45	250m: 2:55.84	36.39	450m: 5:19.98	35.80	650m: 7:43.10	35.78
	100m: 1:07.08	35.63	300m: 3:32.10	36.26	500m: 5:55.76	35.78	700m: 8:18.90	35.80
	150m: 1:43.00	35.92	350m: 4:08.26	36.16	550m: 6:31.73	35.97	750m: 8:54.43	35.53
	200m: 2:19.45	36.45	400m: 4:44.18	35.92	600m: 7:07.32	35.59	800m: 9:27.91	33.48
2.	Marcel Reefhuis	WS Twente	9:25.12	198101381	9:33.76	+0,79		
	50m: 31.65	31.65	250m: 2:55.93	36.43	450m: 5:21.74	36.37	650m: 7:47.92	36.33
	100m: 1:07.17	35.52	300m: 3:32.54	36.61	500m: 5:58.22	36.48	700m: 8:24.41	36.49
	150m: 1:43.27	36.10	350m: 4:09.15	36.61	550m: 6:34.89	36.67	750m: 9:00.42	36.01
	200m: 2:19.50	36.23	400m: 4:45.37	36.22	600m: 7:11.59	36.70	800m: 9:33.76	33.34
3.	Freddie Geerlings	NIMO	9:55.89	197900379	9:57.92	+0,92		
	50m: 33.96	33.96	250m: 3:01.26	36.65	450m: 5:32.37	38.21	650m: 8:04.18	38.20
	100m: 1:10.50	36.54	300m: 3:38.28	37.02	500m: 6:10.34	37.97	700m: 8:43.24	39.06
	150m: 1:47.65	37.15	350m: 4:16.07	37.79	550m: 6:47.73	37.39	750m: 9:21.79	38.55
	200m: 2:24.61	36.96	400m: 4:54.16	38.09	600m: 7:25.98	38.25	800m: 9:57.92	36.13
4.	Raymond Oosterbaan	WIDEX GZC DONK	10:31.44	197700711	10:27.99	+0,98		
	50m: 32.89	32.89	250m: 3:07.16	39.83	450m: 5:47.60	40.35	650m: 8:30.48	41.11
	100m: 1:10.45	37.56	300m: 3:47.23	40.07	500m: 6:27.74	40.14	700m: 9:11.18	40.70
	150m: 1:48.83	38.38	350m: 4:27.47	40.24	550m: 7:08.57	40.83	750m: 9:51.16	39.98
	200m: 2:27.33	38.50	400m: 5:07.25	39.78	600m: 7:49.37	40.80	800m: 10:27.99	36.83
5.	Harm Jan Otter	De Zandstuve	11:09.41	198101283	10:45.02	+0,92		
	50m: 34.76	34.76	250m: 3:13.89	41.42	450m: 5:59.03	41.39	650m: 8:44.72	41.44
	100m: 1:12.72	37.96	300m: 3:55.33	41.44	500m: 6:40.31	41.28	700m: 9:25.51	40.79
	150m: 1:52.18	39.46	350m: 4:36.85	41.52	550m: 7:21.84	41.53	750m: 10:05.96	40.45
	200m: 2:32.47	40.29	400m: 5:17.64	40.79	600m: 8:03.28	41.44	800m: 10:45.02	39.06
6.	Okko de Haas	ZV De Bron	10:53.16	197801593	11:20.53	+0,89		
	50m: 36.28	36.28	250m: 3:25.49	43.49	450m: 6:18.00	43.33	650m: 9:12.88	43.47
	100m: 1:16.87	40.59	300m: 4:08.64	43.15	500m: 7:01.63	43.63	700m: 9:56.53	43.65
	150m: 1:59.00	42.13	350m: 4:51.51	42.87	550m: 7:45.50	43.87	750m: 10:39.42	42.89
	200m: 2:42.00	43.00	400m: 5:34.67	43.16	600m: 8:29.41	43.91	800m: 11:20.53	41.11

Masters 40+

1.	Casper van den Burgh	LZ 1886	10:21.16	197201413	10:12.25	+0,79		
	50m: 34.60	34.60	250m: 3:05.97	38.37	450m: 5:39.52	37.99	650m: 8:16.21	39.39
	100m: 1:11.91	37.31	300m: 3:44.36	38.39	500m: 6:18.27	38.75	700m: 8:55.58	39.37
	150m: 1:49.83	37.92	350m: 4:22.86	38.50	550m: 6:57.17	38.90	750m: 9:34.52	38.94
	200m: 2:27.60	37.77	400m: 5:01.53	38.67	600m: 7:36.82	39.65	800m: 10:12.25	37.73

Programmanr. 17, Heren, 800m vrije slag, Masters 40+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT		
2.	Erwin Zuidervelt	De Futen		10:36.59		197501015		10:41.99		+0,85		
	50m:	34.06	34.06	250m:	3:10.62	39.61	450m:	5:51.66	40.42	650m:	8:38.24	41.23
	100m:	1:12.00	37.94	300m:	3:50.54	39.92	500m:	6:33.02	41.36	700m:	9:20.68	42.44
	150m:	1:51.30	39.30	350m:	4:30.50	39.96	550m:	7:15.40	42.38	750m:	10:03.15	42.47
	200m:	2:31.01	39.71	400m:	5:11.24	40.74	600m:	7:57.01	41.61	800m:	10:41.99	38.84
3.	Kasper van den Berghe	Swol 1894		10:50.24		197301125		10:47.24		+0,77		
	50m:	37.11	37.11	250m:	3:19.62	41.03	450m:	6:05.34	41.63	650m:	8:49.55	40.48
	100m:	1:16.63	39.52	300m:	4:00.77	41.15	500m:	6:46.85	41.51	700m:	9:29.73	40.18
	150m:	1:57.69	41.06	350m:	4:42.28	41.51	550m:	7:28.49	41.64	750m:	10:10.05	40.32
	200m:	2:38.59	40.90	400m:	5:23.71	41.43	600m:	8:09.07	40.58	800m:	10:47.24	37.19
4.	Wouter van der Stelt	Den Doorn		11:24.49		197200889		11:18.00		+0,90		
	50m:	36.07	36.07	250m:	3:22.53	42.59	450m:	6:16.05	43.77	650m:	9:09.60	43.09
	100m:	1:15.77	39.70	300m:	4:06.00	43.47	500m:	6:59.27	43.22	700m:	9:52.84	43.24
	150m:	1:57.30	41.53	350m:	4:49.18	43.18	550m:	7:43.01	43.74	750m:	10:36.58	43.74
	200m:	2:39.94	42.64	400m:	5:32.28	43.10	600m:	8:26.51	43.50	800m:	11:18.00	41.42
5.	Arjan Aalbers	Swol 1894		11:30.37		197500001		11:28.93		+0,87		
	50m:	34.90	34.90	250m:	3:20.93	42.92	450m:	6:18.60	44.81	650m:	9:19.06	45.65
	100m:	1:14.31	39.41	300m:	4:04.86	43.93	500m:	7:03.91	45.31	700m:	10:04.12	45.06
	150m:	1:55.25	40.94	350m:	4:49.48	44.62	550m:	7:48.18	44.27	750m:	10:48.28	44.16
	200m:	2:38.01	42.76	400m:	5:33.79	44.31	600m:	8:33.41	45.23	800m:	11:28.93	40.65
6.	Marcel Bergervoet	ZPCH		12:05.07		197201489		12:11.04		+1,00		
	50m:	38.25	38.25	250m:	3:36.85	44.96	450m:	6:41.39	47.28	650m:	9:51.48	47.53
	100m:	1:21.44	43.19	300m:	4:22.16	45.31	500m:	7:28.38	46.99	700m:	10:39.24	47.76
	150m:	2:06.64	45.20	350m:	5:08.22	46.06	550m:	8:16.06	47.68	750m:	11:26.43	47.19
	200m:	2:51.89	45.25	400m:	5:54.11	45.89	600m:	9:03.95	47.89	800m:	12:11.04	44.61

Masters 45+

1.	Erlend Alstad	I.L. Varg	9:17.75				9:23.54		+0,71			
	<i>Kampioenschaps Record</i>											
	50m:	31.76	31.76	250m:	2:53.69	35.89	450m:	5:17.19	35.79	650m:	7:40.65	35.39
	100m:	1:06.49	34.73	300m:	3:29.48	35.79	500m:	5:53.27	36.08	700m:	8:15.55	34.90
	150m:	1:42.05	35.56	350m:	4:05.39	35.91	550m:	6:29.29	36.02	750m:	8:50.18	34.63
	200m:	2:17.80	35.75	400m:	4:41.40	36.01	600m:	7:05.26	35.97	800m:	9:23.54	33.36
2.	René Beetsma	HZ&PC Heerenveen	10:01.41				196900069		9:50.08		+0,76	
	50m:	33.90	33.90	250m:	3:02.39	36.96	450m:	5:32.24	37.78	650m:	8:01.03	36.86
	100m:	1:10.80	36.90	300m:	3:39.82	37.43	500m:	6:09.68	37.44	700m:	8:37.81	36.78
	150m:	1:48.19	37.39	350m:	4:17.17	37.35	550m:	6:47.03	37.35	750m:	9:14.57	36.76
	200m:	2:25.43	37.24	400m:	4:54.46	37.29	600m:	7:24.17	37.14	800m:	9:50.08	35.51
3.	Richard Ricksen	NIMO	10:12.11				197000841		9:55.92		+0,89	
	50m:	32.69	32.69	250m:	2:59.54	37.29	450m:	5:31.71	37.97	650m:	8:02.87	37.52
	100m:	1:08.32	35.63	300m:	3:37.39	37.85	500m:	6:09.75	38.04	700m:	8:41.14	38.27
	150m:	1:45.08	36.76	350m:	4:15.75	38.36	550m:	6:47.33	37.58	750m:	9:18.71	37.57
	200m:	2:22.25	37.17	400m:	4:53.74	37.99	600m:	7:25.35	38.02	800m:	9:55.92	37.21
4.	Konstantin Sklyar	TG Lage 1862	10:45.35				321129		10:07.99		+0,85	
	<i>400m*</i>											
	50m:	34.54	34.54	250m:	3:04.53	38.11	450m:	5:39.68	39.42	650m:	8:15.47	38.88
	100m:	1:10.88	36.34	300m:	3:43.54	39.01	500m:	6:18.74	39.06	700m:	8:54.25	38.78
	150m:	1:48.32	37.44	350m:	4:21.83	38.29	550m:	6:57.61	38.87	750m:	9:32.44	38.19
	200m:	2:26.42	38.10	400m:	5:00.26	38.43	600m:	7:36.59	38.98	800m:	10:07.99	35.55
5.	Andy Feyen	ZIK	10:57.35				11002/67		10:21.68		+0,78	
	50m:	33.01	33.01	250m:	3:08.34	39.47	450m:	5:45.78	40.09	650m:	8:24.42	39.54
	100m:	1:09.99	36.98	300m:	3:47.65	39.31	500m:	6:25.72	39.94	700m:	9:04.42	40.00
	150m:	1:48.90	38.91	350m:	4:26.90	39.25	550m:	7:05.15	39.43	750m:	9:43.76	39.34
	200m:	2:28.87	39.97	400m:	5:05.69	38.79	600m:	7:44.88	39.73	800m:	10:21.68	37.92
6.	Roy Danckaerts	De Fuut	11:04.04				197000231		10:51.04		+0,87	
	50m:	37.41	37.41	250m:	3:23.31	41.46	450m:	6:10.09	41.58	650m:	8:52.88	40.47
	100m:	1:18.59	41.18	300m:	4:05.11	41.80	500m:	6:51.10	41.01	700m:	9:32.39	39.51
	150m:	2:00.25	41.66	350m:	4:46.96	41.85	550m:	7:31.44	40.34	750m:	10:12.35	39.96
	200m:	2:41.85	41.60	400m:	5:28.51	41.55	600m:	8:12.41	40.97	800m:	10:51.04	38.69
7.	Sander Nieuwenhuys	De Fuut	10:56.10				196801423		11:19.33		+0,81	
	50m:	37.79	37.79	250m:	3:26.11	42.57	450m:	6:17.76	43.24	650m:	9:11.29	43.18
	100m:	1:18.87	41.08	300m:	4:08.67	42.56	500m:	7:01.28	43.52	700m:	9:54.88	43.59
	150m:	2:01.05	42.18	350m:	4:51.62	42.95	550m:	7:44.87	43.59	750m:	10:37.94	43.06
	200m:	2:43.54	42.49	400m:	5:34.52	42.90	600m:	8:28.11	43.24	800m:	11:19.33	41.39
8.	Harald Mulder	WVZ	11:52.14				196701459		12:04.64			
	50m:	39.66	39.66	250m:	3:38.83	46.06	450m:	6:44.97	47.00	650m:	9:51.80	47.18
	100m:	1:23.12	43.46	300m:	4:25.30	46.47	500m:	7:31.69	46.72	700m:	10:36.63	44.83
	150m:	2:07.49	44.37	350m:	5:10.78	45.48	550m:	8:18.93	47.24	750m:	11:23.08	46.45
	200m:	2:52.77	45.28	400m:	5:57.97	47.19	600m:	9:04.62	45.69	800m:	12:04.64	41.56

Programmanr. 17, Heren, 800m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
AFGEM	Roland Klein-Bölting	Bocholter WSV	9:42.96	74076		
AFGEM	Philippe van der Beke	PSV	10:49.98	196801541		

Masters 50+

1.	Andrey Belosludtsev	Kasatka	9:15.70	101736	9:09.53	+0,73
	<i>Kampioenschaps Record, Russian Masters Record</i>					
	50m:	31.68	31.68	250m:	2:49.81	34.65
	100m:	1:05.65	33.97	300m:	3:24.26	34.45
	150m:	1:40.28	34.63	350m:	3:58.73	34.47
	200m:	2:15.16	34.88	400m:	4:33.33	34.60
2.	Jan Brink	ZPC De Zeeuwse Kust	9:31.11	196200091	9:36.70	+0,83
	50m:	31.31	31.31	250m:	2:54.57	36.27
	100m:	1:06.54	35.23	300m:	3:30.94	36.37
	150m:	1:42.09	35.55	350m:	4:07.42	36.48
	200m:	2:18.30	36.21	400m:	4:43.86	36.44
3.	Johan Remmits	ZPC Woerden	9:39.75	196201159	9:41.93	+0,80
	50m:	32.23	32.23	250m:	2:58.11	36.95
	100m:	1:08.22	35.99	300m:	3:34.76	36.65
	150m:	1:44.40	36.18	350m:	4:11.57	36.81
	200m:	2:21.16	36.76	400m:	4:48.45	36.88
4.	Bob de Vries	Aquapoldro	9:56.28	196601101	9:47.87	+0,80
	50m:	30.93	30.93	250m:	2:57.38	36.54
	100m:	1:07.30	36.37	300m:	3:34.26	36.88
	150m:	1:44.14	36.84	350m:	4:11.04	36.78
	200m:	2:20.84	36.70	400m:	4:48.38	37.34
5.	Nico Paasse	MGO (SG)	10:49.39	196501463	10:31.93	+0,96
	50m:	33.31	33.31	250m:	3:12.70	40.42
	100m:	1:11.43	38.12	300m:	3:53.57	40.87
	150m:	1:51.47	40.04	350m:	4:33.72	40.15
	200m:	2:32.28	40.81	400m:	5:14.20	40.48
6.	Fred Dijkshoorn	Zwemvereniging Westland	11:33.50	196501539	11:20.41	+0,91
	50m:	36.30	36.30	250m:	3:30.80	44.30
	100m:	1:18.36	42.06	300m:	4:14.66	44.06
	150m:	2:02.41	44.05	350m:	4:58.80	44.14
	200m:	2:46.30	43.89	400m:	5:43.15	44.35
7.	Marcel Hoff	Aqua-Novio'94	11:26.07	196400317	11:21.63	+0,91
	50m:	36.72	36.72	250m:	3:26.14	43.22
	100m:	1:17.59	40.87	300m:	4:09.65	43.51
	150m:	1:59.76	42.17	350m:	4:53.43	43.78
	200m:	2:42.92	43.16	400m:	5:38.36	44.93
8.	Jan Smalheer	SCOM	11:44.47	196400701	11:34.53	+1,11
	50m:	38.24	38.24	250m:	3:30.12	43.52
	100m:	1:19.09	40.85	300m:	4:14.42	44.30
	150m:	2:02.80	43.71	350m:	4:58.86	44.44
	200m:	2:46.60	43.80	400m:	5:42.80	43.94
9.	Joost de Kroon	AquAmigos	11:12.39	196400999	11:35.51	+1,29
	50m:	38.62	38.62	250m:	3:34.57	44.94
	100m:	1:20.41	41.79	300m:	4:17.97	43.40
	150m:	2:04.67	44.26	350m:	5:02.75	44.78
	200m:	2:49.63	44.96	400m:	5:47.16	44.41
10.	Peter ten Dam	WS Twente	11:55.31	196201253	11:47.83	+0,98
	50m:	38.24	38.24	250m:	3:37.13	45.20
	100m:	1:21.62	43.38	300m:	4:22.91	45.78
	150m:	2:06.23	44.61	350m:	5:08.50	45.59
	200m:	2:51.93	45.70	400m:	5:54.17	45.67
11.	Eric Tijms	OEZA	12:20.34	196401125	12:20.85	+0,86
	50m:	37.93	37.93	250m:	3:41.04	47.88
	100m:	1:20.38	42.45	300m:	4:28.20	47.16
	150m:	2:05.74	45.36	350m:	5:16.51	48.31
	200m:	2:53.16	47.42	400m:	6:04.80	48.29
12.	Rik van Gasteren	AquAmigos	14:14.65	196401015	14:27.81	+1,13
	50m:	44.77	44.77	250m:	4:16.88	55.39
	100m:	1:35.06	50.29	300m:	5:12.27	55.39
	150m:	2:27.00	51.94	350m:	6:08.02	55.75
	200m:	3:21.49	54.49	400m:	7:04.05	56.03

Programmanr. 17, Heren, 800m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
AFGEM	Arno Schrauwen	De Roersoppers	10:55.62	196501355		
AFGEM	Davy Aerts	ShaRK	10:49.97	10452/64		

Masters 55+

1.	Gustav van den Berg	TriVia	9:54.37	196100991	9:56.03	+0,89		
	50m: 33.08	33.08	250m: 3:02.99	37.71	450m: 5:34.92	38.01	650m: 8:06.35	37.93
	100m: 1:09.40	36.32	300m: 3:40.94	37.95	500m: 6:12.58	37.66	700m: 8:44.48	38.13
	150m: 1:47.36	37.96	350m: 4:18.74	37.80	550m: 6:50.62	38.04	750m: 9:21.19	36.71
	200m: 2:25.28	37.92	400m: 4:56.91	38.17	600m: 7:28.42	37.80	800m: 9:56.03	34.84
2.	Marten de Groot	HZ&PC Heerenveen	9:23.27	195800149	9:56.51	+0,82		
	50m: 33.56	33.56	250m: 3:05.24	37.34	450m: 5:35.45	37.62	650m: 8:07.13	38.36
	100m: 1:11.54	37.98	300m: 3:42.77	37.53	500m: 6:12.70	37.25	700m: 8:44.71	37.58
	150m: 1:49.80	38.26	350m: 4:19.93	37.16	550m: 6:50.27	37.57	750m: 9:21.64	36.93
	200m: 2:27.90	38.10	400m: 4:57.83	37.90	600m: 7:28.77	38.50	800m: 9:56.51	34.87
3.	Marius Ros	ZCNF'34	10:38.36	195900779	10:36.34	+0,95		
	50m: 36.39	36.39	250m: 3:14.82	39.87	450m: 5:55.18	40.39	650m: 8:37.37	40.50
	100m: 1:15.57	39.18	300m: 3:54.49	39.67	500m: 6:35.68	40.50	700m: 9:18.45	41.08
	150m: 1:55.05	39.48	350m: 4:34.50	40.01	550m: 7:16.32	40.64	750m: 9:58.25	39.80
	200m: 2:34.95	39.90	400m: 5:14.79	40.29	600m: 7:56.87	40.55	800m: 10:36.34	38.09
4.	Bart van Calker	WS Twente	12:39.13	196100067	12:04.21	+1,27		
	50m: 40.43	40.43	250m: 3:46.87	46.73	450m: 6:52.26	45.54	650m: 9:53.88	44.68
	100m: 1:26.03	45.60	300m: 4:33.26	46.39	500m: 7:38.08	45.82	700m: 10:38.71	44.83
	150m: 2:12.57	46.54	350m: 5:20.14	46.88	550m: 8:23.61	45.53	750m: 11:23.50	44.79
	200m: 3:00.14	47.57	400m: 6:06.72	46.58	600m: 9:09.20	45.59	800m: 12:04.21	40.71
5.	Lex Hoogendam	MNC Dordrecht	11:53.76	195700541	12:17.48	+0,82		
	50m: 37.98	37.98	250m: 3:42.08	47.68	450m: 6:50.83	47.21	650m: 10:00.24	47.29
	100m: 1:21.59	43.61	300m: 4:29.08	47.00	500m: 7:38.31	47.48	700m: 10:46.89	46.65
	150m: 2:07.78	46.19	350m: 5:16.27	47.19	550m: 8:25.57	47.26	750m: 11:33.19	46.30
	200m: 2:54.40	46.62	400m: 6:03.62	47.35	600m: 9:12.95	47.38	800m: 12:17.48	44.29
6.	Jan Willem Heuten	WS Twente	12:07.32	196000883	12:19.46	+0,99		
	50m: 40.34	40.34	250m: 3:47.44	47.85	450m: 6:58.90	47.64	650m: 10:07.10	45.74
	100m: 1:24.71	44.37	300m: 4:35.15	47.71	500m: 7:46.86	47.96	700m: 10:52.20	45.10
	150m: 2:11.84	47.13	350m: 5:23.00	47.85	550m: 8:34.08	47.22	750m: 11:36.98	44.78
	200m: 2:59.59	47.75	400m: 6:11.26	48.26	600m: 9:21.36	47.28	800m: 12:19.46	42.48
7.	Jan de Laat	AquAmigos	12:51.30	196000861	12:56.62	+1,11		
	50m: 39.67	39.67	250m: 3:52.06	49.87	450m: 7:12.70	50.23	650m: 10:31.35	49.86
	100m: 1:24.94	45.27	300m: 4:42.19	50.13	500m: 8:02.24	49.54	700m: 11:20.26	48.91
	150m: 2:12.71	47.77	350m: 5:32.34	50.15	550m: 8:52.25	50.01	750m: 12:09.90	49.64
	200m: 3:02.19	49.48	400m: 6:22.47	50.13	600m: 9:41.49	49.24	800m: 12:56.62	46.72
AFGEM	Menno Lomans	d'ELFT WAVE (SG)	10:25.49	196101071				
AFGEM	Dirk Crok	OEZA	13:09.57	195800547				
AFGEM	Filip Timmermans	ShaRK	13:19.45	10163/60				

Masters 60+

1.	Henk Slomp	Inktvis-De Pinquin (SG)	11:11.91	195500359	11:28.94	+0,90		
	50m: 36.26	36.26	250m: 3:28.34	43.63	450m: 6:25.27	44.35	650m: 9:22.13	44.04
	100m: 1:18.05	41.79	300m: 4:12.25	43.91	500m: 7:09.21	43.94	700m: 10:06.23	44.10
	150m: 2:01.44	43.39	350m: 4:56.28	44.03	550m: 7:53.56	44.35	750m: 10:49.34	43.11
	200m: 2:44.71	43.27	400m: 5:40.92	44.64	600m: 8:38.09	44.53	800m: 11:28.94	39.60
2.	Wim Scherpenisse	UZSC	12:39.12	195500447	12:34.28	+1,36		
	50m: 39.49	39.49	250m: 3:47.15	47.69	450m: 6:58.53	48.01	650m: 10:12.30	48.62
	100m: 1:24.05	44.56	300m: 4:34.91	47.76	500m: 7:46.78	48.25	700m: 11:00.21	47.91
	150m: 2:11.23	47.18	350m: 5:22.63	47.72	550m: 8:34.90	48.12	750m: 11:48.65	48.44
	200m: 2:59.46	48.23	400m: 6:10.52	47.89	600m: 9:23.68	48.78	800m: 12:34.28	45.63

Masters 65+

1. Piet Schop	De Bevelanders				12:20.70	195000109	12:56.72		+0,68		
50m:	40.95	40.95	250m:	3:54.85	49.60	450m:	7:14.85	50.26	650m:	10:34.18	49.90
100m:	1:28.15	47.20	300m:	4:44.64	49.79	500m:	8:04.53	49.68	700m:	11:23.46	49.28
150m:	2:15.78	47.63	350m:	5:34.59	49.95	550m:	8:55.05	50.52	750m:	12:11.91	48.45
200m:	3:05.25	49.47	400m:	6:24.59	50.00	600m:	9:44.28	49.23	800m:	12:56.72	44.81



Programmanr. 17, Heren, 800m vrije slag, Masters 65+

rang	naam	vereniging				inschrijftijd		startnr.		tijd			RT
2.	Hilbert Prins 50m*	OEZA				12:56.64		195100223		13:01.37			+1,01
	50m: 42.63	42.63	250m: 3:52.83	47.98	450m: 7:08.64	49.17	650m: 10:28.66	50.33					
	100m: 1:28.39	45.76	300m: 4:41.67	48.84	500m: 7:58.12	49.48	700m: 11:19.65	50.99					
	150m: 2:15.77	47.38	350m: 5:30.48	48.81	550m: 8:47.81	49.69	750m: 12:10.48	50.83					
	200m: 3:04.85	49.08	400m: 6:19.47	48.99	600m: 9:38.33	50.52	800m: 13:01.37	50.89					
3.	Ludwig Lorenz	SV Gladbeck 13				13:21.63		127866		13:10.80			+1,00
	50m: 47.50	47.50	250m: 4:08.25	49.85	450m: 7:27.55	49.63	650m: 10:47.17	49.95					
	100m: 1:37.88	50.38	300m: 4:58.24	49.99	500m: 8:17.17	49.62	700m: 11:36.77	49.60					
	150m: 2:28.19	50.31	350m: 5:47.65	49.41	550m: 9:07.18	50.01	750m: 12:25.21	48.44					
	200m: 3:18.40	50.21	400m: 6:37.92	50.27	600m: 9:57.22	50.04	800m: 13:10.80	45.59					
4.	Mar van Geel	Old Dutch				15:22.40		194700135		16:42.19			+1,29
	50m: 52.13	52.13	250m: 5:01.25	1:04.44	450m: 9:17.42	1:05.05	650m: 13:32.59	1:03.64					
	100m: 1:51.36	59.23	300m: 6:04.99	1:03.74	500m: 10:21.13	1:03.71	700m: 14:37.50	1:04.91					
	150m: 2:52.96	1:01.60	350m: 7:08.82	1:03.83	550m: 11:24.65	1:03.52	750m: 15:40.89	1:03.39					
	200m: 3:56.81	1:03.85	400m: 8:12.37	1:03.55	600m: 12:28.95	1:04.30	800m: 16:42.19	1:01.30					

Masters 70+

1.	Alexander Bashmakov	Poseidon	12:36.20			037001			12:41.50		+0,94		
	Russian Masters Record												
	50m:	40.62	40.62	250m:	3:44.55	47.37	450m:	6:54.83	47.42	650m:		10:09.60	48.65
	100m:	1:25.75	45.13	300m:	4:32.73	48.18	500m:	7:43.37	48.54	700m:		11:00.62	51.02
	150m:	2:10.25	44.50	350m:	5:19.88	47.15	550m:	8:31.53	48.16	750m:		11:51.45	50.83
	200m:	2:57.18	46.93	400m:	6:07.41	47.53	600m:	9:20.95	49.42	800m:	12:41.50	50.05	
2.	Rob Hanou	PSV	13:14.86			194300109			13:11.40		+1,03		
	50m:	42.73	42.73	250m:	4:06.05	51.02	450m:	7:28.08	50.33	650m:		10:47.79	49.73
	100m:	1:32.13	49.40	300m:	4:57.56	51.51	500m:	8:17.98	49.90	700m:		11:37.32	49.53
	150m:	2:23.45	51.32	350m:	5:47.63	50.07	550m:	9:07.75	49.77	750m:		12:26.33	49.01
	200m:	3:15.03	51.58	400m:	6:37.75	50.12	600m:	9:58.06	50.31	800m:		13:11.40	45.07
3.	Willem Putter	ZVVS	13:44.48			194500135			13:22.24		+1,20		
	50m:	43.25	43.25	250m:	4:07.04	52.09	450m:	7:33.23	51.27	650m:		10:56.93	50.11
	100m:	1:31.88	48.63	300m:	4:58.83	51.79	500m:	8:24.86	51.63	700m:		11:47.60	50.67
	150m:	2:23.08	51.20	350m:	5:50.67	51.84	550m:	9:15.90	51.04	750m:		12:36.97	49.37
	200m:	3:14.95	51.87	400m:	6:41.96	51.29	600m:	10:06.82	50.92	800m:		13:22.24	45.27
4.	Geza Kaltenecker	AZC	14:02.64			194200065			14:40.50		+0,88		
	50m:	45.19	45.19	250m:	4:25.91	55.83	450m:	8:12.80	57.18	650m:		11:58.94	56.18
	100m:	1:38.31	53.12	300m:	5:22.43	56.52	500m:	9:09.67	56.87	700m:		12:55.15	56.21
	150m:	2:34.01	55.70	350m:	6:19.10	56.67	550m:	10:06.69	57.02	750m:		13:50.40	55.25
	200m:	3:30.08	56.07	400m:	7:15.62	56.52	600m:	11:02.76	56.07	800m:		14:40.50	50.10

Masters 75+

1.	Frederik Hendrik De Bruijn 50m*, 400m*	CN Aquamasters	13:20.78	0X0345415	13:07.73	+1,25		
	50m: 44.97	44.97	250m: 4:03.22	49.33	450m: 7:20.86	49.16	650m: 10:40.85	50.50
	100m: 1:34.34	49.37	300m: 4:53.34	50.12	500m: 8:11.02	50.16	700m: 11:30.51	49.66
	150m: 2:23.07	48.73	350m: 5:42.91	49.57	550m: 9:00.87	49.85	750m: 12:20.31	49.80
	200m: 3:13.89	50.82	400m: 6:31.70	48.79	600m: 9:50.35	49.48	800m: 13:07.73	47.42
2.	Frans van Enst	WS Twente	13:22.64	194000011	13:26.59	+1,00		
	50m: 42.70	42.70	250m: 4:10.70	52.61	450m: 7:38.85	52.25	650m: 11:03.06	51.07
	100m: 1:34.07	51.37	300m: 5:02.61	51.91	500m: 8:30.93	52.08	700m: 11:52.93	49.87
	150m: 2:25.41	51.34	350m: 5:54.94	52.33	550m: 9:21.12	50.19	750m: 12:41.97	49.04
	200m: 3:18.09	52.68	400m: 6:46.60	51.66	600m: 10:11.99	50.87	800m: 13:26.59	44.62
3.	Nic Geers	Z&PC De Gouwe	13:26.73	193800007	14:52.87	+1,06		
	50m: 47.28	47.28	250m: 4:32.48	57.25	450m: 8:23.16	58.72	650m: 12:13.21	56.24
	100m: 1:42.86	55.58	300m: 5:29.08	56.60	500m: 9:20.75	57.59	700m: 13:09.34	56.13
	150m: 2:39.11	56.25	350m: 6:27.69	58.61	550m: 10:18.95	58.20	750m: 14:02.98	53.64
	200m: 3:35.23	56.12	400m: 7:24.44	56.75	600m: 11:16.97	58.02	800m: 14:52.87	49.89

Masters 80+

1.	Bob Berg	PSV				16:52.11	193300011	17:44.00		+1,42		
	50m:	55.23	55.23	250m:	5:25.90	1:08.94	450m:	9:53.72	1:08.15	650m:	14:25.97	1:08.83
	100m:	2:00.09	1:04.86	300m:	6:31.92	1:06.02	500m:	11:01.34	1:07.62	700m:	15:33.89	1:07.92
	150m:	3:09.51	1:09.42	350m:	7:39.31	1:07.39	550m:	12:08.98	1:07.64	750m:	16:42.40	1:08.51
	200m:	4:16.96	1:07.45	400m:	8:45.57	1:06.26	600m:	13:17.14	1:08.16	800m:	17:44.00	1:01.60